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 5558 Lake Howell Road
 Winter Park, FL 32792

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 Phone: 407-679-3400
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HEALTH HISTORY

Patient Name: _____ **Today's Date:** _____

Hospitalizations/Surgeries:

<u>HOSPITALIZATION/SURGERIES</u>	<u>REASON</u>	<u>DATE</u>

Health Habits:

<u>QUESTIONS</u>	<u>ANSWERS</u>
DESCRIBE YOUR EXERCISE ROUTINE	
MARITAL STATUS (OPTIONAL)	
WHO LIVES IN YOUR HOME	
ANY PETS?	
OCCUPATION/ TIME IN POSITION	
DESCRIBE YOUR DIET	

Social History:

<u>TYPE</u>	<u>YES OR NO</u>	<u>TYPE AND FREQUENCY/ QUIT YEAR IF APPLICABLE</u>
ALCOHOL	Y N	
TOBACCO	Y N	
DRUGS	Y N	
CAFFEINE	Y N	

Family History:

<u>DISEASE</u>	<u>FATHER</u>	<u>MOTHER</u>	<u>CHILDREN</u>	<u>SIBLINGS</u>	<u>OTHER:</u> _____
ALCOHOLISM					
CANCER OF BREAST					
CANCER OF COLON					
CANCER OF OVARIES					
CANCER OF PROSTATE					
OTHER CANCERS					
DIABETES					
HEART DISEASE					
HIGH BLOOD PRESSURE					
MENTAL ILLNESS					
OSTEOPOROSIS					
STROKE					
THYROID DISEASE					
OTHER					
AGE AT DEATH (IF DECEASED)					
CAUSE OF DEATH					

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Patient Name: _____ **Today's Date:** _____

Systems Review:

Please check any symptom(s) that apply to you.

<u>GENERAL/EMOTIONAL</u>	
FATIGUE	
ANXIETY	
DEPRESSION	
FAINTING/DIZZINESS	
FEVER/CHILLS	
MEMORY PROBLEMS	
HEADACHE	
LOSS OF SLEEP	
NERVOUSNESS	
EXCESSIVE THIRST	

<u>VISION, EAR, NOSE, THROAT</u>	
SORE THROAT	
HOARSENESS	
DIFFICULT SWALLOWING	
BLEEDING GUMS	
EAR PROBLEMS	
SINUS PROBLEMS	
NOSEBLEEDS	
CHANGES IN VISION	
ALLERGIES OR HAY FEVER	

<u>CARDIOVASCULAR</u>	
CHEST PAIN	
ELEVATED BLOOD PRESSURE	
IRREGULAR HEART BEAT	
LOW BLOOD PRESSURE	
RAPID HEART BEAT	
SWELLING OF ANKLES	

<u>PULMONARY</u>	
FREQUENT/CHRONIC COUGH	
HISTORY OF ASTHMA	
OTHER LUNG PROBLEMS	
SHORTNESS OF BREATH	

<u>GASTROINTESTINAL</u>	
STOMACHACHE	
POOR APPETITE	
BLOATING	
DIARRHEA	
CONSTIPATION	
WEIGHT GAIN	
WEIGHT LOSS	
NAUSEA	
GAS	
HEMORRHOIDS	
RECTAL BLEEDING	
VOMITING	
GERD /HEARTBURN	

<u>SKIN</u>	
CHANGE IN MOLES	
SORE THAT WONT HEAL	
RASH	
SCARS	
EASY BRUIISABILITY	
ITCHING/HIVES	

<u>MEN ONLY</u>	
ERECTION DIFFICULTIES	
LUMP IN TESTICLES	
PENIS DISCHARGE	
DESIRE STD TESTING?	Y N

<u>URINARY ISSUES</u>	
BLOOD IN URINE	
FREQUENT URINATION	
INCONTINENCE	
PAINFUL URINATION	

<u>WOMEN ONLY</u>	
PREMENSTRUAL SYNDROME	
BLEEDING BETWEEN PERIODS	
BREAST PROBLEMS	
VAGINAL PROBLEMS	
HOT FLASHES	
PELVIC PAIN	

Medical specialist(s) you see regularly:
